



Dr. C.S.N. DEGREE & P.G. COLLEGE

BHIMAVARAM - 517 203, W.G.DL, A.P., INDIA

Recognised by APSHE, Approved by AICTE, AISHE Code- 5-23346

Affiliated to Adikavi Nannaya University, Rajamahendravaram

Ref :

Date :

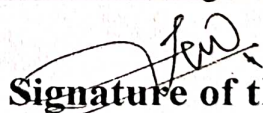
CIRCULAR


Date:-26-10-2020

All the Faculty members and the Students are hereby inform that the Women Empowerment Cell of our college is going to Organize the **HEALTHY FOOD HABBIT'S PROGRAMME** on 27-10-2020 at 02:00 P. M. Hence, all are instructed to attend the program without fail.

Copy to all HOD of Departments

Department of mathematical Sciences	
Department of Life Sciences	
Department of Commerce and Management Studies	
Department of Humanities	
Department of Chemistry	
Department of Computer Science	


Signature of the Principal


PRINCIPAL
Dr. C.S.N. DEGREE & P.G. COLLEGE
BHIMAVARAM.



PRINCIPAL
Dr. C.S.N. DEGREE & P.G. COLLEGE
BHIMAVARAM.



Dr. C.S.N. DEGREE & P.G. COLLEGE

BHIMAVARAM - 534 203, W.G.Dt., A.P., INDIA

Recognised by APSCHE, Approved by AICTE, AISCHE Code- C-23946

Affiliated to Adikavi Nannaya University, Rajamahendravaram

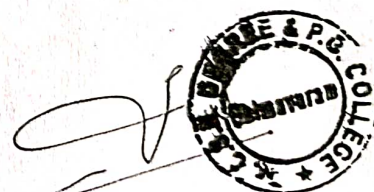
Ref :

Date :

HEALTHY FOOD HABITS



On 27-10-2020 Women Empowerment cell conducted a program on healthy food habits in ZPHS Kumudavalli by G. Kalyani Garu. Healthy eating habits are essential for maintaining good health and preventing chronic diseases. Developing healthy eating habits requires making small changes to your diet and lifestyle over time. She explained that Healthy eating starts with eating a variety of healthy foods each day, such as eating plenty of fruits, vegetables, whole grains and protein foods. Choose protein foods that come from plants more often. Choose food with healthy fats instead of saturated fat. Limit highly processed foods.

PRINCIPAL
Dr. C.S.N. DEGREE & P.G. COLLEGE
BHIMAVARAM.



PRINCIPAL
Dr. C.S.N. DEGREE & P.G. COLLEGE
BHIMAVARAM

S.NO	REG.NO	NAME OF THE CANDIDATE	GROUP	SIGN
1	183068100001	CHALLA GEETA	B.COM	C Geeta
2	183068100002	CHALLA NAGA GANESWARI	B.COM	C.N. Ganeswari
3	183068100003	EEDI NARESH	B.COM	E. Nareesh
4	183068100004	GHANASALA DASU	B.COM	G. DASU
5	183068100005	GUNUPUDI BALAJYOTHI	B.COM	G. Balajyothi
6	183068100007	KADAGALA RAMA LAKSHMI	B.COM	K. Rama Lakshmi
7	183068100008	KODURI MOHAN TARAKA	B.COM	K. Mohan Taraka
8	183068100009	KOKKIRI SAISHANKAR	B.COM	K. Saishankar
9	183068100011	MANEPALLI KARUNA KUMAR	B.COM	K. Kumari
10	183068100012	NAKKA VENKATEWSWARLU	B.COM	N. Venkateswarlu
11	183068100013	NIMMALA MEGHA SAI RAM	B.COM	N. M. Sai Ram
12	183068100014	PECHETITI RAVEENDRA	B.COM	P. Raveendra
13	183068100015	SORRA PURNA SAI KRISHNA	B.COM	Sai Krishna
14	183068100016	SOWJANYA KOTIPALLI	B.COM	S. Kotipalli
15	183068100017	VEERAVALLI KALYANI	B.COM	V. Kalyani
16	183068100018	VISSAKODETI MANIKANTA PARASURAM	B.COM	A. Manikanta
17	183068200001	AARIPAKA NIRIKSHANA	B.COM	NIRIKSHANA
18	183068200002	BANDARU DEVIKA	B.COM	B. Devika
19	183068200003	BHIMAVARAPU SAI KUMARI	B.COM	B. Sai Kumari
20	183068200004	BORRA SURESH	B.COM	B. Suresh
21	183068200005	BUSI RAKESH	B.COM	B. Rakesh
22	183068200006	BYREDDY CHANDU	B.COM	B. Chandu
23	183068200007	CHENNU GAYATRI NAGA MOUNIKA	B.COM	C. G. N. Mounika
24	183068200008	DODDAVARAPU SAI MOUNIKA	B.COM	D. Sai Mounika
25	183068200009	DUNDI KRISHNA VAMSI	B.COM	D. K. Vamsi
26	183068200010	GODI MANISHA	B.COM	G. Manisha
27	183068200011	GUBBALA DIVYA KUMARI	B.COM	G. Divya Kumari
28	183068200012	GUNUPUDI VARA SAI RAMA KRISHNA	B.COM	V. S. R. Krishna
29	183068200013	GUTTULA DIVYA	B.COM	G. Divya
30	183068200014	ILLA VENKATA KRISHNA	B.COM	I. V. Krishna
31	183068200015	JANGAM RAVI KUMAR	B.COM	J. Ravi Kumar
32	183068200016	KATTA SURESH	B.COM	K. Suresh



 10/10/2020
 PRINCIPAL
 DE. C.A. DEGREE & P.G. COLLEGE
 BHIMAVARAE.



Dr. C.S.N. DEGREE & P.G. COLLEGE

BHIMAVARAM - 534 203, W.G.Dt., A.P., INDIA

Recognised by APSCHE, Approved by AICTE, AISCHE Code- C-23946

Affiliated to Adikavi Nannaya University, Rajamahendravaram

Ref :

Date :

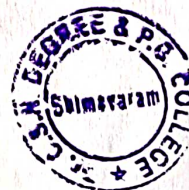
HEALTHY FOOD HABITS



Lat 16.56079°
Long 81.535982°
27-10-2020



Lat 16.56079°
Long 81.535982°
27-10-2020



PRINCIPAL
Dr. C.S.N. DEGREE & P.G. COLLEGE
BHIMAVARAM